

FREE EXERCISE SCHEDULE

CLASES DE EJERCICIOS GRATIS

COMBES | June | Junio

	MON LUN	TUE MAR	WED MIÉ	THU JUE	FRI VIE	SAT SÁB
10:00 A.M.	Pump It Up 30 Min (Combes Community Center)	Zumba Gold 30 Min (Combes Community Center)	Pump It Up 30 Min (Combes Community Center)	Zumba Gold 30 Min (Combes Community Center)		Boot Camp (Combes Community Center)
12:00 P.M.					Chair Exercise 30 Min (Combes Community Center)	
6:00 P.M.	Zumba (Combes Community Center)	Zumba (Combes Community Center)	Zumba (Combes Community Center)	Zumba (Combes Community Center)		
6:00 P.M.	Pilates (Virtual)		Stretch & Tone (Virtual)			
7:00 P.M.			HIIT (Combes Community Center)			

Virtual Class

In-person Class

Location / Ubicación:

Combes Community Center - 21626 Hand Rd, Combes, TX 78535

CombesTSSC 

 Liliana Hinojosa