

# FREE EXERCISE SCHEDULE

## CLASES DE EJERCICIOS GRATIS

### PORT ISABEL | June | Junio

	MON   LUN	TUE   MAR	WED   MIÉ	THU   JUE	FRI   VIE	SAT   SÁB
8:30 A.M.	Zumba (Roloff Park)	Zumba (Roloff Park)	Zumba (Roloff Park)	Zumba (Roloff Park)	Zumba (Roloff Park)	
9:30 A.M.		Strength & Toning (Roloff Park)		Strength & Toning (Roloff Park)		
11:00 A.M.			Mandala Yoga (Virtual)			
5:30 P.M.	Zumba (Community Center)	Zumba (Community Center)		Zumba (Community Center)		

Virtual Class  
 In-person class  
 Port Isabel Tssc   
 Cecilia Zamora  
 (956)266-2231  
 or (956)943-2682

**Location / Ubicación:**

**Roloff Park** - 122 Fernandez St, Laguna Vista, TX 78578

**Port Isabel Community Center** - 213 N Yturria St, Port Isabel, TX 78578