

FREE EXERCISE SCHEDULE

CLASES DE EJERCICIOS GRATIS

SAN BENITO | June | Junio

	MON LUN	TUE MAR	WED MIÉ	THU JUE	FRI VIE	SAT SÁB
7:00 A.M.					Meditation Yoga (Virtual)	
8:00 A.M.			Zumba & Toning (Heavin Resaca Building)		Step & Toning (Heavin Resaca Building)	
9:00 A.M.		Boot Camp (Virtual)		Boot Camp (Virtual)		
4:00 P.M.		Pilates (Virtual)		Pilates (Virtual)		
5:30 P.M.	Zumba (Heavin Resaca Building)	Full Body Work Out (Heavin Resaca Building)	Zumba (Heavin Resaca Building)	Full Body Work Out (Heavin Resaca Building)		

In-person class

Virtual Class

San Benito Parks
 and Recreation 
 Letty Gomez
 (956)361-3804 ext.305
 or (956)357-4564

Location / Ubicación:

Heavin Resaca Building - 355 w bus hwy 77, San Benito, TX 78586
 (Building Next to Heavin Resaca Trail)