

FREE EXERCISE SCHEDULE

CLASES DE EJERCICIOS GRATIS

PORT ISABEL | September | Septiembre

	MON LUN	TUE MAR	WED MIÉ	THU JUE	FRI VIE	SAT SÁB
8:30 A.M.	Zumba (Roloff Park)	Zumba (Roloff Park)	Zumba (Roloff Park)	Zumba (Roloff Park)	Zumba (Roloff Park)	
9:30 A.M.		Strength & Toning (Roloff Park)		Strength & Toning (Roloff Park)		
10:00 A.M.	Meditation Yoga (Roloff Park)		Meditation Yoga (Roloff Park)			
5:15 P.M.	Boot Camp (Port Isabel City Hall)	Boot Camp (Port Isabel City Hall)		Boot Camp (Port Isabel City Hall)		

Location / Ubicación:

Roloff Park - 122 Fernandez St, Laguna Vista, TX 78578
Port Isabel Community Center - 213 N Yturria St, Port Isabel, TX 78578
Port Isabel City Hall - 305 E Maxan St, Port Isabel, TX 78578

In-person class

Port Isabel Tssc 
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