

FREE EXERCISE SCHEDULE

CLASES DE EJERCICIOS GRATIS

PORT ISABEL | November | Noviembre

	MON LUN	TUE MAR	WED MIÉ	THU JUE	FRI VIE	SAT SÁB
8:30 A.M.	Zumba (Roloff Park)	Zumba Toning (Roloff Park)	Zumba (Roloff Park)	Zumba Toning (Roloff Park)	Zumba (Roloff Park)	
9:30 A.M.	Meditation Yoga (Laguna Madre Youth Center)	Strength & Toning (Laguna Madre Youth Center)	Meditation Yoga (Laguna Madre Youth Center)	Strength & Toning (Laguna Madre Youth Center)		
5:00 P.M.	Strength & Toning (City Commision Chamber Meeting Room)		Strength & Toning (City Commision Chamber Meeting Room)	Strength & Toning (City Commision Chamber Meeting Room)		

Location / Ubicación:

Roloff Park - 122 Fernandez St, Laguna Vista, TX 78578

Port Isabel Community Center - 213 N Yturria St, Port Isabel, TX 78578

Port Isabel City Hall - 305 E Maxan St, Port Isabel, TX 78578

In-person class

Port Isabel Tssc 

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