

# FREE EXERCISE SCHEDULE

## CLASES DE EJERCICIOS GRATIS

### HIDALGO PCT 4 | November | Noviembre

	MON   LUN	TUE   MAR	WED   MIÉ	THU   JUE	FRI   VIE	SAT   SÁB
8:30 A.M.	Zumba (Endowment Center)	Zumba (Endowment Center)	Zumba (Endowment Center)	Zumba (Endowment Center)	Zumba (Endowment Center)	
9:00 A.M.	Resistance Bands (ARISE #2)		Resistance Bands (ARISE Muniz)			
9:30 A.M.	Dance (ARISE #2)		Dance (ARISE Muniz)			
11:00 A.M.	Resistance Bands (ARISE Las Milpas)		Resistance Bands (ARISE Las Milpas)			
11:30 A.M.	Dance (ARISE Las Milpas)		Dance (ARISE Las Milpas)			

**Location / Ubicación:**

**Endowment Center** - 107 N Sunflower Rd, Edinburg, TX 78542

**Arise Muniz** - 3917 Jam Square, Edinburg, TX 78542

**Arise Las Milpas** - 125 E Denny Dr, Pharr, TX 78577

**Arise #2** - 2230 Eva Ave Edinburg Tx 78542

**In-person class**

Pct.4 Endowment Community  
Resource Center-Dance Classes Group 

**Erica de Parra**  
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