

# FREE EXERCISE SCHEDULE

## CLASES DE EJERCICIOS GRATIS

### COMBES | January | Enero

	MON   LUN	TUE   MAR	WED   MIÉ	THU   JUE	FRI   VIE	SAT   SÁB
10:00 A.M.	<b>Sculp &amp; Tone</b> (Combes Community Center) 30 Mins	<b>Zumba Gold</b> (Combes Community Center) 30 Mins	<b>Sculp &amp; Tone</b> (Combes Community Center) 30 Mins	<b>Zumba Gold</b> (Combes Community Center) 30 Mins		
10:00 A.M.			<b>HIIT</b> (Le Moyne Gardens) Harlingen			
5:15 P.M.	<b>Pilates</b> (Combes Community Center) 45 Mins		<b>Pilates</b> (Combes Community Center) 45 Mins			
6:00 P.M.	<b>Zumba</b> (Combes Community Center)	<b>Zumba</b> (Combes Community Center)	<b>Zumba</b> (Combes Community Center)	<b>Zumba</b> (Combes Community Center)		
6:00 P.M.		<b>HIIT</b> (Combes Community Center)		<b>Strength &amp; Tone</b> (Combes Community Center)		

**Location / Ubicación:**

**Combes Community Center/ Trail Park** - 21660 Hand Rd, Combes, TX 78535

**Le Moyne Gardens | Harlingen** - 3221 N 25th St, Harlingen, TX 78550

In-person class

**CombesTSSC** 
  
 Becky Villasana