

FREE EXERCISE SCHEDULE

CLASES DE EJERCICIOS GRATIS

HIDALGO PCT 4 | January | Enero

	MON LUN	TUE MAR	WED MIÉ	THU JUE	FRI VIE	SAT SÁB
8:30 A.M.	Zumba (Endowment Center)	Zumba (Endowment Center)	Zumba (Endowment Center)	Zumba (Endowment Center)	Zumba (Endowment Center)	
9:00 A.M.			Resistance Bands (ARISE Muniz)			
9:30 A.M.			Dance (ARISE Muniz)			
11:00 A.M.	Resistance Bands (ARISE Las Milpas)		Resistance Bands (ARISE Las Milpas)		Resistance Bands (ARISE Las Milpas)	
11:30 A.M.	Dance (ARISE Las Milpas)		Dance (ARISE Las Milpas)		Dance (ARISE Las Milpas)	

Location / Ubicación:

Endowment Center - 107 N Sunflower Rd, Edinburg, TX 78542

Arise Muniz - 3917 Jam Square, Edinburg, TX 78542

Arise Las Milpas - 125 E Denny Dr, Pharr, TX 78577

In-person class

Pct.4 Endowment Community
Resource Center-Dance Classes Group 

Erica de Parra
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