

FREE EXERCISE SCHEDULE

CLASES DE EJERCICIOS GRATIS

PORT ISABEL | January | Enero

	MON LUN	TUE MAR	WED MIÉ	THU JUE	FRI VIE	SAT SÁB
8:30 A.M.	Zumba (Roloff Park)	Zumba (Roloff Park)	Zumba (Roloff Park)	Zumba (Roloff Park)	Zumba (Roloff Park)	
10:00 A.M.	Meditation Yoga Laguna Madre Youth Center	Zumba & Strength & Toning Laguna Madre Youth Center	Meditation Yoga Laguna Madre Youth Center	Zumba & Strength & Toning Laguna Madre Youth Center		
5:00 P.M.	Strength & Toning City Hall Chamber Meeting Room		Strength & Toning City Hall Chamber Meeting Room	Strength & Toning City Hall Chamber Meeting Room		

Location / Ubicación:

City Hall Chamber Meeting Room - 305 E Maxan St, Port Isabel, TX 78578

Laguna Madre Youth Center - 109 Port Rd. Port Isabel, TX 78578

Roloff Park City Hall - 122 Fernandez St, Laguna Vista, TX 78578

In-person class

Port Isabel Tssc 

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 or (956) 943-2682