

FREE EXERCISE SCHEDULE

CLASES DE EJERCICIOS GRATIS

PORT ISABEL | March | Marzo

| | MON LUN | TUE MAR | WED MIÉ | THU JUE | FRI VIE | SAT SÁB |
|------------|---|---|---|---|----------------------|-----------|
| 8:30 A.M. | Zumba Roloff Park | Zumba Toning Roloff Park | Zumba Roloff Park | Zumba Toning Roloff Park | Zumba Roloff Park | |
| 10:00 A.M. | Meditation Yoga LagunaVista South Texas Echo Tourism | Zumba & Strength & Toning Laguna Madre Youth Center | Meditation Yoga LagunaVista South Texas Echo Tourism | Zumba & Strength & Toning Laguna Madre Youth Center | | |
| 5:00 P.M. | Strength & Toning Port Isabel Community Center 30Mins | Strength & Toning Port Isabel Community Center 30Mins | Strength & Toning Port Isabel Community Center 30Mins | Strength & Toning Port Isabel Community Center 30Mins | | |

Location / Ubicación:

Laguna Madre Youth Center - 109 Port Rd. Port Isabel, TX 78578

LagunaVista South Texas Eco-Tourism Center - 501W TX-100, Laguna Vista, TX 78578

Port Isabel Community Center - 213 N Yturria St, Port Isabel, TX 78578

Roloff Park - 122 Fernandez St, Laguna Vista, TX 7857

In-person class

Port Isabel Tssc 

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