

# FREE EXERCISE SCHEDULE

## CLASES DE EJERCICIOS GRATIS



### SAN BENITO | March | Marzo

	MON   LUN	TUE   MAR	WED   MIÉ	THU   JUE	FRI   VIE	SAT   SÁB
8:00 A.M.		<b>Pilates</b> Heavin Resaca Building	<b>Zumba &amp; Toning</b> Heavin Resaca Building	<b>Pilates</b> Heavin Resaca Building	<b>Cardio &amp; Toning</b> Heavin Resaca Building	
8:30 A.M.		<b>Body Fitness</b> Iglesia San Ignacio de Loyola	<b>Body Fitness</b> Iglesia San Ignacio de Loyola	<b>Body Fitness</b> Iglesia San Ignacio de Loyola		
9:00 A.M.	<b>Stretch &amp; Tone</b> Heavin Resaca Building		<b>Dance</b> Heavin Resaca Amphitheatre		<b>Stretch &amp; Tone</b> Heavin Resaca Building	
5:30 P.M.	<b>Zumba</b> Community Building	<b>Full Body Work Out</b> Community Building	<b>Zumba</b> Community Building	<b>Full Body Work Out</b> Community Building		
6:30 P.M.	<b>Yoga</b> Community Building		<b>Yoga</b> Community Building			

**Location / Ubicación:**

**Community Building** - 210 E Heywood St, San Benito, TX 78586

**Heavin Resaca Building/Amphitheatre** - 355 w bus hwy 77, San Benito, TX 78586  
(Building Next to Heavin Resaca Trail)

**Iglesia San Ignacio de Loyola** - 24380 US-281, San Benito, TX 78586

**In-person class**

San Benito Parks and Recreation 

**Letty Gomez**  
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